



Federal and Utah State Child Labor Laws

Minors are prohibited from working in DOL-defined hazardous jobs.



Under 14



No work in non-agricultural occupations except for specific jobs, such as delivering newspapers, minor chores around private homes, and casual babysitting.



14-15, school in session



No work before 7:00 am, during school hours, or after 7:00 pm. (9:00 pm from June 1st to Labor Day).
No more than 18 hours per week.



14-15, school not in session



No work before 7:00 am, during school hours, or after 7:00 pm. (9:00 pm from June 1st to Labor Day).
30-minute lunch within first 5 hours. 10-minute breaks every 3 hours and at least one for each 4 hours worked.
No more than 40 hours per week.



16-17



No work before 7:00 am, during school hours, or after 7:00 pm. (9:00 pm from June 1st to Labor Day).

